



Home Kit CHECKLIST

Home Kit – in case you are required to stay at home and be self sufficient for an extended period of time

Emergency Food and Water for Home

Have at least a three-day supply of food and water on hand. Choose ready-to-eat foods that your family likes and food that doesn't need refrigeration.

Water

- At least four litres per person per day – two for drinking and two for food preparation, hygiene and dishwashing.

Food

- Canned food: soups, stews, baked beans, pasta, meat, poultry, fish vegetables, fruits
- Crackers and biscuits
- Honey, peanut butter, syrup, jam, salt and pepper, sugar, instant coffee, tea

Check expiry dates regularly and replace as necessary

Food Preparation Equipment

- Knives, forks, spoons
- Disposable cups and plates
- Manual can opener, bottle opener
- Fuel stove and fuel (follow manufacturer's instructions and don't use a barbecue indoors)
- Waterproof matches and plastic garbage bags

Household Supplies

- Flashlight and batteries (in case the lights go out)
 - Radio and batteries, or crank radio (so you can listen to news bulletins and public advisories)
 - Spare batteries (for radio and flashlight)
 - First Aid Kit
 - Candles and matches/lighter
 - Extra car keys and cash (including coin cards for telephone)
 - Important papers (identification for everyone, personal documents like insurance papers)
 - Whistle (in case you need to attract someone's attention)
 - Playing cards, games
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