



Grab and Go Kit CHECKLIST

Grab and Go Kit – ready to grab in case you need to evacuate.

Keep one at home and at the work place

- Flashlight and batteries (in case the lights go out)
- Radio and batteries, or crank radio (so you can listen to news bulletins and public advisories)
- Spare batteries (for radio and flashlight)
- First Aid Kit
- Candles and matches/lighter
- Extra car keys and cash (including coin cards for telephone)
- Important papers (identification for everyone, personal documents like insurance papers)
- Food (requiring no heat) and bottled water
- Extra clothing and footwear for all seasons (one change of clothes per person)
- Blankets or sleeping bags (one blanket or sleeping bag per person)
- Toilet paper and other personal and hygiene supplies
- Medication
- Backpack/duffel bag (or something else for carrying the Grab and Go kit in case you have to evacuate)
- Whistle (in case you need to attract someone's attention)
- Playing cards, games

Optional

Special Needs – *Babies/Toddlers*

- Diapers, bottled milk, toys, crayons and paper

Other Family Members

- Prescription medication, extra eyeglasses and/or contact case and solution. (Check with your Doctor about storing of medication, and include copies of prescriptions for your medicine and glasses.)